



Mile High Mustangs Swim Team

FREE STROKE CLINIC - Swim with an Olympian

Thursday - October 25th

5:30-7:00 PM at North High School

Ages 6 to 18 – all abilities welcome

Coaches: Felipe Porras and Stephanie Bunevich

Come try us out and meet guest coach & Olympian Susan Williams on October 25th for our “Swim with an Olympian Stroke Clinic”!

PRACTICE LOCATION: North High School, 32nd and Federal

The Mile High Mustangs Swim Team is a year-round (August-May) competitive youth swim team for swimmers ages 6-18. We offer a balanced approach to swim team, focusing on stroke technique and individual attention as well as providing a challenging environment with emphasis on improvement, where all swimmers can thrive. The coaches have 37 years of combined coaching experience and seek to help all swimmers achieve their goals. Swimmers of all abilities welcome to tryout. We offer a free trial week to all potential members.

Visit our website for more information: www.mhmswimteam.com

Email us with questions at mhmswimteam@gmail.com

MORE ABOUT SUSAN WILLIAMS:

- 2004 Olympic Bronze Medalist in Triathlon
- Collegiate Swimmer
- Member of USA Resident Triathlon Team
- Top 20 at 2002 Kona Ironman World Championships
- 14 years of competitive swimming experience, 15 years of elite triathlon racing experience, 20+ years of triathlon coaching experience